



Topic Talks



Breast Cancer

October is Breast Cancer Awareness month.

Breast Cancer in Australia

- In 2017 breast cancer was the second most commonly diagnosed cancer
- In 2021 there have been 164 males and 19,866 females diagnosed with breast cancer
- Breast cancer makes up 13% of all cancers diagnosed
- There is a 95% chance of surviving at least 5 years

A snapshot

- The number of people being diagnosed with breast cancer in Australia is increasing; however the number of deaths from breast cancer is decreasing.
- The risk of developing breast cancer increases with age.
- The risk of being diagnosed with breast cancer by age 85 is 1 in 7 for women and 1 in 670 for men
- The average age of first diagnosis of breast cancer for women is 62 years.

Let's talk

Suggested questions to ask yourself or your peers this week



How would you rate your level of understanding of this topic?

Watch a webinar, listen to a podcast, look at the websites. Learn something new.

What are the local statistics for breast cancer in your community?

How common is breast cancer in your community? What are the treatment options for those diagnosed?

For a person recovering from breast cancer treatment - what are the support options available for them in your community?

Find out what support services are available - where can you source support for your patients?

What are 2 new pieces of information you have learned about the topic this week?

Think about what you have learned. How can you use this learning going forward?

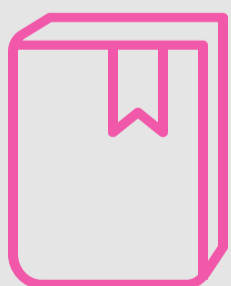
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What's on the Web?



References:



Tuesdays@2 Webinar

Tuesday 26th October, 2pm. Join the webinar via the [Bendigo Health Website](#)

or via zoom <https://bendigohealth.zoom.us/j/93324155450?pwd=Nm9iSUZmSEl4enJHWFRheWRtaTdaUT09>

Password: 529906

Speaker: Zeina Hayes, McGrath Metastatic Breast Care Nurse Consultant

Topic: The Basics of Breast Cancer

E-Learning:

- [Cancer Council Online learning.](#)
- [Cancer Australia: Cancer Learning.](#)
- [eviQ Cancer eLearning.](#)
- [Breast Screen Victoria Education activities for health professionals](#)

Webcasts:

- Breast Cancer Network Australia [Personal Stories](#)
- [Cancer.net Metastatic breast cancer an introduction](#)
- The Jackson Laboratory [Curing breast cancer: When, how and what's next?](#)
- Breast Cancer Trials [Q&As](#)
- National Breast Cancer Foundation [Physical Activity, Wellness & Nutrition](#)
- Very Well Health [Stage 4 Breast cancer: Diagnosis, treatment and survival](#)

Podcasts:

- [Breast Cancer Network Australia Podcasts](#)

Web Sites:

- [Breast Cancer Network Australia](#)
- [Cancer Council](#)
- [McGrath Foundation](#)

- Australian Government Cancer Australia (2021) Breast Cancer in Australia Statistics. <https://www.canceraustralia.gov.au/cancer-types/breast-cancer/statistics>
- National breast cancer foundation (2021) About Breast Cancer <https://www.nationalbreastcancer.org/about-breast-cancer/>